

**HDFC  
ERGO**

*Take it easy!*

# MAKE EVERY STEP COUNT.

Enjoy Stay Active benefit with Easy Health.



**EASY HEALTH**  
HEALTH INSURANCE

Introducing

# EASY HEALTH

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**Family Health Insurance Plan**  
with attractive benefits

Staying healthy and **saving money** are now just a walk away.

Make every step count with “Stay Active” benefit and earn upto 8% discount on renewal premium.

With our **‘Stay Active’** you and your family can now walk your way to healthier and happier life.

With Stay Active and other Uncomplicated benefits, the Easy Health Insurance Plan not only helps you stay healthy but also financially protects you in illness. The Easy Health Plan comes in three variants with multiple sum insured options to choose from to suit your requirements.



## FEATURES & BENEFITS

Schedule of benefits of Easy Health product variants are depicted in the chart below:

Benefits	Standard	Exclusive			Premium		
Sum Insured per Insured Person per Policy Year (Rs. in Lakh)	1.00, 2.00, 3.00, 4.00, 5.00, 7.5, 10, 15	3.00, 4.00, 5.00	7.50, 10.00	15.00, 20.00, 25.00, 50.00	4.00, 5.00, 8.00	7.50, 10.00	15.00, 20.00, 25.00, 50.00
1 a) In-patient Treatment	Covered						
1 b) Pre-hospitalisation	Covered						
1 c) Post-hospitalisation	Covered						
1 d) Day Care Procedures	Covered						
1 e) Domiciliary Treatment	Covered						
1 f) Organ Donor	Covered						
1 g) Ambulance Cover	Upto Rs. 2000 per hospitalisation						
1 h) Ayush Benefit	Upto Rs. 20,000	Upto Rs. 25,000	Upto Rs. 50,000	Upto Rs. 25,000	Upto Rs. 50,000	Upto Rs. 50,000	Upto Rs. 50,000

Benefits	Standard	Exclusive			Premium		
1 i) Daily Cash for choosing Shared Accommodation	Rs.500 per day, Maximum Rs.3,000	Rs.500 per day, Maximum Rs.3,000	Rs.800 per day, Maximum Rs.4,800	Rs.1000 per day, Maximum Rs.6,000	Rs.500 per day, Maximum Rs.3,000	Rs.800 per day, Maximum Rs.4,800	Rs.1000 per day, Maximum Rs.6,000
2 a) Daily Cash for accompanying an insured child	Not Covered	Rs.300 per day, Maximum Rs.9,000	Rs.500 per day, Maximum Rs.15,000	Rs.800 per day, Maximum Rs.24,000	Rs.300 per day, Maximum Rs.9,000	Rs.500 per day, Maximum Rs.15,000	Rs.800 per day, Maximum Rs.24,000
2 b) Newborn baby	Not Covered	Additional Benefit on payment of additional premium			Additional Benefit on payment of additional premium		
2 c) Recovery Benefit	Not Covered	Not Covered		Rs. 10,000 (> 10 days of hospitalisation)	Not Covered		Rs. 10,000 (> 10 days of hospitalisation)
2 d) Emergency Air Ambulance	Not Covered	Not Covered		Upto Rs.2.5 Lacs per hospitalisation	Not Covered		Upto Rs.2.5 Lacs per hospitalisation
3 a) Maternity Expenses	Not Covered	Normal Delivery Rs. 15,000* Caesarean Delivery Rs. 25,000* (*Including Pre/Post Natal limit of Rs. 1,500 and New Born limit of Rs. 2,000) [Waiting Period of 6 years]	Normal Delivery Rs. 25,000* Caesarean Delivery Rs. 40,000* (*Including Pre/Post Natal limit of Rs. 2,500 and New Born limit of Rs. 3,500) [Waiting Period of 6 years]	Normal Delivery Rs. 30,000* Caesarean Delivery Rs. 50,000* (*Including Pre/Post Natal limit of Rs. 5,000 and New Born limit of Rs. 5,000) [Waiting Period of 4 Years]	Normal Delivery Rs. 15,000* Caesarean Delivery Rs. 25,000* (*Including Pre/Post Natal limit of Rs.1,500 and New Born limit of Rs. 2,000) [Waiting Period of 6 years]	Normal Delivery Rs. 25,000* Caesarean Delivery Rs. 40,000* (*Including Pre/Post Natal limit of Rs. 2,500 and New Born limit of Rs. 3,500) [Waiting Period of 6 years]	Normal Delivery Rs. 30,000* Caesarean Delivery Rs. 50,000* (*Including Pre/Post Natal limit of Rs. 5,000 and New Born limit of Rs. 5,000) [Waiting Period of 4 Years]



WALK MORE EARN MORE



Benefits	Standard	Exclusive	Premium
3 b) Outpatient Dental Treatment Waiting Period 3 years	Not Covered	Not Covered	Upto 1 % of Sum insured subject to a Maximum of Rs. 5,000
3 c) Spectacles, Contact Lenses, Hearing Aid Every Third Year	Not Covered	Not Covered	Upto Rs. 5,000
3 d) E-Opinion in respect of a Critical Illness	Not Covered	Not Covered	Covered
4 Critical Illness Rider	Optional, if opted then the Critical Illness Sum Insured 50% or 100% of In-patient Sum Insured subject to minimum of Rs. 100,000	Optional, if opted then the Critical Illness Sum Insured 50% or 100% of In-patient Sum Insured	Optional, if opted then the Critical Illness Sum Insured 50% or 100% of In-patient Sum Insured upto a maximum of Rs. 10 Lacs
5 Health Checkup	Upto 1% of Sum Insured per insured person upto Rs. 5,000, only once at the end of a block of every continuous four claim free years.	Upto 1% of Sum Insured subject to a Maximum of Rs. 5,000 per Insured Person, only once at the end of a block of every continuous three policy years	Upto 1% of Sum Insured subject to a Maximum of Rs. 5,000 per Insured Person, only once at the end of a block of every continuous two policy years

Benefits under 3b), 3c), 3d) and 5) are subject to pre-authorisation by HDFC ERGO General Insurance Company Limited.



## POINTS TO REMEMBER

- Easy Health Insurance Plan will offer cover to persons from the age of 5 years onwards. A dependent child can be covered from the 91 day if either parent is covered under this policy and the maximum age at entry is 65 years. There is no maximum cover ceasing age in this policy.
- The cover will be valid for a period of 1 or 2 year(s) as opted. An additional 7.5% discount is offered on premium for opting a 2 year policy.
- An individual and/or his family members namely spouse, dependent children, dependent parents, parent-in-law, grandparents and grandchildren are eligible for buying this cover.
- Please note that your premium at renewal may change due to a change in your age, location or changes in the applicable tax rate.
- A maximum of 6 members can be added in a single policy. In a family floater policy, a maximum of 2 adults and a maximum of 5 children can be included in a single policy. The 2 adults can be a combination of Self, Spouse and either set of Parents or Grandparents or Parents in law.



WALK FOR HEALTH



## OTHER BENEFITS



**Pre-hospitalisation:** The medical expenses that you incur due to illness during the 60 days immediately before you are hospitalised.



**Post-hospitalisation:** The medical expenses you incur in the 90 days immediately after you are discharged from hospital.



**Day-Care procedures:** The medical expenses for all day-care procedures, which do not require 24 hours hospitalization due to technological advancement, are covered.



**Ayush Benefit:** The Medical expenses for in-patient treatment taken under Ayurveda, Unani, Sidha and Homeopathy.

**Cumulative Bonus:** You get a Cumulative Bonus (CB) of 10% for every claim-free year accumulating up to 100% (in the event of a claim, CB will be reduced by 10% of SI on the next renewal).



**Portability:** If you are insured with some other company's health insurance and you want to shift to us on renewal, you can. Our Portability Policy is customer friendly and aims to achieve the transfer of most of the accrued benefits and makes due allowances for waiting periods etc.



**Additional Cover for Critical Illness (optional):** You can opt for an additional cover for Critical Illness which covers for Cancer of specified severity, Open Chest CABG, Myocardial Infarction (First heart attack of specific severity), Kidney failure requiring regular dialysis, Major organ/bone marrow transplant, Multiple sclerosis with persisting symptoms, Permanent paralysis of limbs and Stroke resulting in permanent symptoms. This is an optional benefit and can be opted as per your need. The sum insured for Critical Illness can be either 50% or 100% of your basic sum insured subject to a minimum of Rs 1 Lac and maximum of Rs. 10 Lacs.



**Cashless Hospitalization:** Easy Health enables you to get treated on a cashless basis across 10,000+ hospitals all over India.



**Quick turnaround time:** You don't have to worry about pre-authorization with us.



**Quick claim payment:** When it comes to claim settlement we honor every genuine claim.



**Easy upgrade:** This health plan comes with an easy upgrade option. You can upgrade your cover to the next slab at the time of your policy renewal.



**Tax benefits:** With the Easy Health Individual Health Insurance Plan you can presently avail tax benefits for the premium amount under Section 80D of the Income Tax Act. (Tax benefits are subject to changes in Tax Laws)



**Modern treatment methods:** Our customer deserves the best and the latest medical treatment. Now we cover modern treatment methods like robotic surgeries, stem cell therapy, oral chemotherapy etc. Refer Annexure I for modern treatment methods being covered (if taken as in-patient or domiciliary hospitalization or day care treatment basis)



**Extended coverage:** We would now be covering treatment of genetic disorders, injury or illness associated with hazardous activities, neurodegenerative disorders like parkinson, alzheimer, peritoneal dialysis.

Refer Annexure II for conditions or treatments which will be covered now.



EVERY STEP COUNTS





## DISCOUNTS

- 1) Family Discount of 5% if 2 members are covered and 10% if 3 or more family members are covered under Easy Health Individual Health Insurance Plan.
- 2) 7.5% Discount on premium if Insured Person is paying premium of 2 years in advance as a single premium.
- 3) **Stay Active** - We will offer a discount at each renewal if the insured member achieves the average step count target on the mobile application provided by us. In an individual policy, the average step count would be calculated per adult member and in a floater policy it would be an average of all adult members covered. Dependent children covered either in individual or floater plan will not be considered for calculation of average steps.

In individual policies the discount percentage (%) would be applied on premium applicable per insured member (Dependent Children are not eligible for this stay active discount in an individual policy) and in a floater policy it would be applied on premium applicable on policy.

The discount provided would be as per the table below:

Average Step Count	Renewal Discount
5,000 or below	0%
5,001 to 8,000	2%
8,001 to 10,000	5%
Above 10,000	8%

The mobile app must be downloaded within 30 days of the policy risk start date to avail this benefit. The average step count completed by an Insured member would be tracked on this mobile application.

We reserve the right to remove or reduce any count of steps if found to be achieved in unfair manner by manipulation.



## EXCLUSIONS

- All treatments within the first 30 days of cover except any accidental injury
- Any preexisting condition will be covered after a waiting period of 3 years
- Congenital external diseases, cosmetic surgery
- Abuse of intoxicant or hallucinogenic substances like intoxicating drugs and alcohol
- Hospitalization due to war or an act of war or due to a nuclear, chemical or biological weapon and radiation of any kind
- Pregnancy, dental treatment, external aids and appliances unless covered under the specific Easy Health Individual Insurance Plan
- 2 years waiting period for specific diseases like cataract, hernia, joint replacement surgeries, surgery of hydrocele etc.
- Items of personal comfort and convenience
- Experimental, investigative and unproven treatment devices and pharmacological regimens.

Please refer to the Policy Wording for the complete list of exclusions.





## TERMS OF RENEWAL

The policy shall ordinarily be renewable except on grounds of fraud, misrepresentation by the insured person.

- The Company shall endeavour to give notice for Renewal. However, the Company is not under obligation to give any notice for Renewal.
- Renewal shall not be denied on the ground that the Insured Person had made a claim or claims in the preceding policy years.
- Request for Renewal along with requisite premium shall be received by the Company before the end of the policy period.
- At the end of the policy period, the Policy shall terminate and can be renewed within the Grace Period of 30 days to maintain continuity of benefits without Break in Policy. Coverage is not available during the Grace Period.
- No loading shall apply on renewals based on individual claims experience.
- **Grace Period** - Grace Period of 30 days for renewing the Policy is provided under this Policy.
- **Maximum Age** - There is no maximum cover ceasing age on renewal in this policy.
- **Waiting Period** - The Waiting Periods mentioned in the policy wording will get reduced by 1 year on every continuous renewal of your Easy Health Insurance Policy.
- Renewal premium are subject to change with prior approval from IRDAI. Any change in benefits or premium (other than due to change in Age) will be done with the approval of the Insurance Regulatory and Development Authority and will be intimated at least 3 months in advance.
- In the likelihood of this policy being withdrawn in future, intimation will be sent to insured person about the same 3 months prior to expiry of the policy. Insured Person will have the option to migrate to similar indemnity health insurance policy available with us at the time of renewal with all the accrued continuity benefits such as cumulative bonus, waiver of waiting period etc; provided the policy has been maintained without a break.
- Sum Insured Enhancement - Sum Insured can be enhanced only at the time of renewal subject to no claim have been lodged/ paid under the policy. If the insured increases the sum insured one grid up, no fresh medicals shall be required. In cases where the sum insured increase is more than one grid up, the case shall be subject to medicals. In case of increase in the Sum Insured waiting period will apply afresh in relation to the amount by which the Sum Insured has been enhanced. However the quantum of increase shall be at the discretion of the company.
- Any Insured Person in the policy has the option to migrate to similar indemnity health insurance policy available with us at the time of renewal subject to underwriting with all the accrued continuity benefits such as cumulative bonus, waiver of waiting period etc; provided the policy has been maintained without a break as per portability/migration guidelines issued by IRDAI.



## BUYING PROCEDURE

- Fill the application form stating your personal information and health profile. Ensure that the information given in the form is complete and accurate.
- Handover the application form and the premium amount in your preferred mode of payment along with necessary documents to the company representative.
- Pre-policy check, if applicable due to age, health declaration and cover opted will be organized at a network center near you. On acceptance of your policy we would reimburse upto 100% of cost incurred by you to conduct these tests. In case your proposal is declined, no reimbursement will be provided.
- Based on the details, we may accept or revise our offer to give you an optimal plan as per your profile. This will be done with your consent. In case we do not accept your policy we will inform you with a proper reason. In case of acceptance, the final policy document and kit will be sent to you.



WALK FOR HEALTH



**ANNEXURE I: Modern Treatment Methods covered now**

S.No	Additional Procedures covered
1	Oral chemotherapy
2	Stem cell therapy
3	Deep Brain stimulation
4	Uterine Artery Embolization & HIFU
5	Immunotherapy- Monoclonal Antibody to be given as injection
6	Stereotactic radio surgeries
7	Robotic surgeries
8	Intra vitreal injections
9	Bronchical Thermoplasty
10	Vaporisation of the prostate (Green laser treatment or holmium laser treatment)
11	IONM - (Intra Operative Monitoring) Neuro
12	Balloon Sinuplasty

**ANNEXURE II: Conditions and Treatments covered now**

S.No.	Additional treatments/conditions covered
1	Treatment for correction of eye sight due to refractive error beyond +/- 7.5 dioptries
2	Genetic diseases or disorders
3	Neurodegenerative disorders like Parkinson's, Alzheimer's
4	Any mental illness, stress or psychological disorders
5	Peritoneal dialysis
6	Expenses related to any admission primarily for enteral feedings
7	Obesity/Weight control treatment (if specified conditions are met)
8	Post Hospitalization expenses for Domiciliary treatment
9	Age Related Macular Degeneration (ARMD)
10	Expenses on Artificial life maintenance (including life support machine use) up to the vegetative state, irrespective of whether such treatment results in recovery of restoration of previous state of health or not

**DISCLAIMER**

This is only a summary of the product features. The actual benefits available are as described in the policy, and will be subject to the policy terms, conditions and exclusions. Please seek the advice of your insurance advisor if you require any further information or clarification.

**STATUTORY WARNING**

Section 41 of Insurance Act 1938 as amended by Insurance Laws Amendment Act, 2015 (Prohibition of Rebates): No person shall allow or offer to allow, either directly or indirectly, as an inducement to any person to take out or renew or continue an insurance in respect of any kind of risk relating to lives or property in India, any rebate of the whole or part of the commission payable or any rebate of the premium shown on the policy, nor shall any person taking out or renewing or continuing a Policy accept any rebate, except such rebate as may be allowed in accordance with the published prospectuses or tables of the insurers. Any person making default in complying with the provision of this section shall be liable for a penalty which may extend to 10 lakh rupees.

HDFC ERGO General Insurance Company Limited. IRDAI Reg. No.146 CIN: U66030MH2007PLC177117. Registered & Corporate Office: 1st Floor, HDFC House, 165-166 Backbay Reclamation, H. T. Parekh Marg, Churchgate, Mumbai – 400 020. For more details on the risk factors, terms and conditions, please read the policy document carefully before concluding a sale. Trade Logo displayed above belongs to HDFC Ltd and ERGO International AG and used by the Company under license. UIN: Easy Health – HDHHLIP21378V062021 UID: 9169.